

Sunday, May 30, 2021

The Most Holy Trinity

PARISH OFFICE HOURS

Monday - Thursday: 9am - 4pm
Fridays & Weekend: By Appointment

Email: stluke.dc@adwparish.org
www.stlukechurchssj.org

The Solemnity
OF THE MOST HOLY TRINITY

"Go, therefore, and make
disciples of all nations,
baptizing them in the name of
the Father, and of the Son, and
of the Holy Spirit." - Mt 28:19

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Staffed by the Josephite Fathers and Brother

Serving Washington DC (Far S.E., N.E., and Prince Georges County since 1957)



ST. LUKE CATHOLIC CHURCH

4925 E. CAPITOL STREET, WASHINGTON, DC
20019



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Welcome

ST. Luke is a warm and embracing parish family. We gladly extend our love and warmth to all those who desire to worship and follow our Lord, Jesus Christ. Come join us to celebrate the Holy Eucharist which is the source and summit of our Christian life. Our theme for 2019 is "Teach us to number our days, that we may gain a heart of wisdom." [Psalm 90:12] Together we will praise God, love one another and serve each other.

Mass Schedule

Saturday Vigil Mass: 4:00pm

Sunday Masses: 8:30am & 11:00am

2nd Sunday 1:15pm (Igbo) **3rd Sunday** 1:15pm (French)

Weekday Masses

In the Martin De Pores Chapel

Monday: 10:00am & **Thursday:** 10:00am

Wednesday Bible Study: 6:00pm

Stations of the Cross

Every Friday 7:00pm . -8:00pm

Sacrament of Reconciliation

Saturday: 3:00-3:45pm Sunday: 7:30am-8:15am

Sunday: 10:00am-10:45am Or by appointment

Sacrament of Baptism

Infant Baptism registration takes place at the Parish Office prior to baptism preparation class which is held on the First Saturday of each month. Baptism takes place every First Sunday after the 11:00 a.m. Mass. Please call parish office for more information.

PASTOR'S CORNER

WHAT IS THE TRINITY

The Church shows that because God is “mystery,” meaning that we just can’t pin God down — we’re unable to know everything there is to know about God — God has tried to communicate to us just who He is. Traditionally, the Church expressed this as, God being revealed as Father, Son, and Holy Spirit, three expressions or “persons” of one divine essence. The Trinity is one. Catholics do not believe in three Gods but rather one God in a unity of three persons with one divine nature. Sound confusing?

One analogy that could be helpful is to think of the different states of matter: solid, liquid, and gas. Ice can become water and water can become steam. All of these are the same essence and contain equal amounts of hydrogen and oxygen but they appear in different forms.

God the Father: The church uses the image of the Father — the Creator from which everything flows and has its being — to express the first person of the Trinity. While the Son and the Holy Spirit are not “lesser gods” they do proceed from the Father as God’s own self-gift to humanity.

God the Son: The second person of the Trinity is the Son — Jesus himself, God become man. Catholics believe that God freely chooses to come into human history in the person of Jesus. God becomes like us and dies our human death for us. But because Jesus is God, He cannot be held by death and rises to a new life, supremely better than human experience.

God the Holy Spirit: The third person of the Trinity is the Holy Spirit, who proceeds from both the Father and the Son. Jesus announces that his Father will send the Holy Spirit to be with and in the disciples, to teach and guide them. The Spirit is God’s real presence living within all of us, which brings us inspiration (which literally means “to draw in the Spirit”).

God is three “persons” but one “essence.” The Father is just as much “God” as the Son and neither is “more God” than the Spirit. Still confused? Let’s try thinking of these things in yet another way. Instead of “persons” let’s substitute the word “expressions” of God.

Expressions of God: The Trinity can be thought of in these three expressions:

God is “beyond us.” We can never really fathom what God is, but we know that He is far beyond our limited human nature or anything we can come to know in that human experience. God is the ultimate mystery, the question that we never fully answer. This is God the Father — the creator, the one who is beyond all understanding. God is also “among us.” We come to know God in the person of Jesus. God takes on our human nature and becomes “one of us.” Catholics also believe that this human experience of God continues in the sacrament of the Eucharist. God the Son is among us.

God is also “within us.” God is the “divine spark” that awakens us to the fact that we are alive. God imbues us with our creativity, our gifts and talents, and our limitations as well. As we come to know ourselves as people, we also come to know God — who knows us better than we know ourselves. This is the experience of God the Holy Spirit. God is all these things and more. We don’t know all that God is but this is how God has been revealed to us throughout the course of our history — how we have come to best express God.

Excerpt culled from <https://bustedhalo.com/ministry-resources/what-is-the-trinity>

REFLECTION FOR THE MOST HOLY TRINITY

Let God be who God is. This is often one of the hardest things to do. Rather than allowing the mystery of being created in the image and likeness of God unfold and take root in our lives, we change the dynamic. We want to be the creators who want to make God into the image and likeness we need God to be. We have a hard-enough time letting the people in our lives be who they are. We struggle even more so with God. It is almost as if we want God to be our imaginary friend who is not only with us whenever we need but becomes the Being we need God to be. Who is it that we want God to be today? A protector, disciplinarian, champion for justice, healer, advocate for our cause, grantor of prayers, guardian of my life, or the avenger? Our prayers tell an interesting story. When you pray, what does God look like?

Recently, a young woman who was feeling invisible, overlooked, ignored, and misunderstood by her husband struggled to make her feelings known and get his attention. Finally, she screamed, “Listen to me!” Thus, birth was given to a renewed and healthier relationship. We spend so much time storming heaven with our agenda and trying to make God into a “god” of our desires that we do not hear God saying, “Listen to me!” God is desperately trying to get our attention. God is saying, I am here among you as not one but three, Father, Son, and Holy Spirit. Many people seldom notice God’s presence because they are so caught up with other spiritual cares and concerns. And, when the “god” they fashion and create doesn’t produce as they desire, they shake the dust from their feet and move on. “I tried,” they exclaim, “but God didn’t listen.”

Healthy relationships aren’t built on making someone be who we need them to be. Healthy relationships are built on encounters of persons and the development of an appreciation of someone solely for who they are. Deeper relationships can even be found with two people marveling at each other and almost experiencing a childlike joy and giddiness when they see the other coming. Do you ever have these feelings about God? Believe it or not, God does for you! There is a joyful laughter that gives rise to and connects all three members of the Holy Trinity. It is this laughter, flowing from the very depths of the Godhead that not only keeps the Trinity in joyful unity but spills over into the creation of all beings and things. It is an expression of Divine Delight! Have you ever taken time away from your agenda to experience the Divine Joyfulness of God?

We can reach a connection of Presence wherein even the smallest of creatures suddenly radiate the fullness of God: the wonderful creation of their being, the innocence and playfulness of their movements, and the sustaining life breath that flows through their veins. The same God who created the heavens and the earth is the same God who wants you to call him ‘Dad’ and the same God who preserves your life and has all things in His care.

Liturgical Publications 2015

HAPPY BIRTHDAY/ANNIVERSARY

We would like to wish a wonderful happy birthday to
**Brenda Smith, Chijioke Onianwah,
 Byron A. Wilson, Jr., Angela
 Enwezor and Shelby Fisher.**

**MAY THE JOY OF THE LORD
 BE YOUR STRENGTH!!!**

Church Support

Please consider making a donation to support our parish during this trying times. You may Drop off or mail your gifts to the parish. You may give online through our website:
<http://www.stlukechurchssj.org/>
 And clicking on the donate button.
 You may also TEXT: 202-335-3116

Readings for week of May 30, 2021

Sunday: Deuteronomy 4:32-34, 39-40/
 Psalms 33:4-5, 6, 9, 18-19, 20, 22 [12b]/Romans 8:14-17/Matthew 28:16-20
Monday: Zephaniah 3:14-18a or Romans 12:9-16/Isaiah 12:2-3, 4bcd, 5-6 [6]/Luke 1:39-56
Tuesday: Tobit 2:9-14/Psalms 112:1-2, 7-8, 9 [cf. 7c]/Mark 12:13-17
Wednesday: Tobit 3:1-11a, 16-17a/Psalms 25:2-3, 4-5ab, 6 and 7bc, 8-9 [1]/Mark 12:18-27
Thursday: Tobit 6:10-11; 7:1bcd, 9-17; 8:4-9a/Psalms 128:1-2, 3, 4-5 [cf. 1a]/Mark 12:28-34
Friday: Tobit 11:5-17/Psalms 146:1b-2, 6c-7, 8-9a, 9bc-10 [1b]/Mark 12:35-37
Saturday: Tobit 12:1, 5-15, 20/Tobit 13:2, 6efgh, 7, 8 [1b]/Mark 12:38-44
Next Sunday: Exodus 24:3-8/Psalms 116:12-13, 15-16, 17-18 [13]/Hebrew 9:11-15/Mark 14:12-16, 22-26

WEEKLY MASS

Monday 05/31
Eternal repose of the souls of Haydee & Berta Patterson+++ by Patterson Family

Tuesday 06/01
St. Justin

Wednesday 06/02
SS. Marcellinus & Peter

Thursday 06/03
Eternal repose of the soul of Jessie Brown+++ by the Patterson Family
Eternal repose of the soul of Mrs. Essie Willis+++ by Yvette Sherman

Eternal repose of the souls of Susie & Frank McDougald+++ by Family

Friday 06/04
Weekday

Saturday 06/05
St. Boniface

Pray for the Sick & Shut-In of Our Parish

Barbara Barnes
 Blanche Bourm
 Barbara Batts
 Tanisha Bennett
 Tammy Berry
 Ruth Bundy
 Beatrice Carroll
 Melinda Conrad-Brown
 Edith Cornish
 Aniceto Charles
 Patricia Chase
 Valene Chemoo
 Joyce Cristwell
 Alvera Dance
 Iyana Davage

Marita C. Edelin
 Tina Garvin
 Elizabeth Gillem
 Florence Hall
 Steve Halle
 Chris Hawkins
 Charlene Haywood
 Brenda Henson
 James Holley
 Rudolph Holley
 James Hughes
 Melvin Jamison
 Mary Ann Johnson
 David & Keisha Jones
 Dawn Lattimer
 Lawrence Lee

Maria A. Logan
 Bernadette Mahoney
 Doreene Mahoney
 Barbara Mallory
 Doris McCannon
 Alice L. Montague
 Veronica Murray
 David Neal
 Florence Patterson
 Marlene Patterson
 Silvia Perry
 Lillian Pharms
 Kecia Proctor
 Doreene Redd
 Leroy Sandifer
 Betty Smith

Kayla Tatum
 Rolland Taylor
 Gloria Thompson-Price
 James F. Thompson, Jr.
 Matthew Thompson
 Barbara B. Tyler
 Wayne A. Wallace
 Marquita Ward
 Shiela Washington
 Steven Washington
 Cecelia Williams
 Wellington Waters
 Dolores Woodard, Jr.
 Harold Woodard, Sr.

Innocencio Quinones
 St Luke military families.

All the Homeless men and women in our community.

Please pray for all those who are sick but have no one to pray for them



PARISH NEWS AND EVENTS

Dear Parishioners, our Tree of Life has not fully bloomed. We are continuing the sale of leaves the northwest corner of the inside of the church (East Capitol St. side) There are 21 leaves still available for memorializing deceased family members or posting your current family names or beliefs. Each leaf is \$250 and can be paid in monthly installments. All proceeds will be used for the improvement of our beautiful church. Please contact Kathy Harris Ndouga if you would like more details at (202) 575-8732.

St. Luke Parish Weekly Schedule

Mondays Morning Mass @ 10:00am (will also be livestreamed)

Wednesday Bible Study Live Stream & Voice @ 6:00pm

Thursdays Morning Mass @ 10:00am (will also be livestreamed)

First Friday & Last Friday Adoration @ 7:00pm

Saturday Holy Rosary (Voice call only) @ 6:00pm

Sunday Mass 8:30 am & 11:00am (11am mass will also be livestreamed)

To join our Live Stream, please go to

Facebook: <https://www.facebook.com/stluke.stlukesedc/>

Or Dial: 425-436-6339.

Access code: 269615

You can watch our videos on YouTube @ https://www.youtube.com/channel/UCxLUpGPb4HGGIYm9NWkBN7g/videos?view_as=subscriber

To continue assisting St. Luke: You may **DROP OFF** your donation or **MAIL** your check or visit our **WEBSITE** <http://www.stlukechurchssj.org/> Donate OR **TEXT**: 202-335-311621

Offertory Contributions for 5/30/2021: \$832.00

May God reward you abundantly for your generosity.

Quote of the Day:

Then Jesus approached and said to them, "All power in heaven and on earth has been given to me.

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you.

And behold, I am with you always, until the end of the age. (Matthew 28:18-20)

THE HOLY NAME SOCIETY would like to invite everyone to a socially distant Rosary at 8:00am on Saturdays in front of the statue of Mary.

ARCHDIOCESAN NEWS

SAVE THE DATE: SATURDAY, JUNE 5, 2021 for the Celebration of Saints of Africa —12th African Prayer Day. Venue is St. Luke Catholic Church. Mass will begin at 7pm.

CORPUS CHRISTI PROCESSION: On Sunday, June 6 at 12:00pm St. Francis Xavier Church invites all the faithful to the church to adore Jesus Christ in the Blessed Sacrament. They will host an outdoor procession with the Blessed Sacrament in honor of the Lord's real presence. The procession will begin at St. Francis Xavier and proceed to Our Lady Queen of Peace . Benediction will be at Our Lady Queen of Peace Church, no later than 12:45pm. Questions: Please call St. Francis Xavier church office, (202)582-5021.

COMMUNITY EVENTS

PROFESSIONAL DEVELOPMENT OPPORTUNITY for an International Association of Fire Chiefs Scholarship. The educational scholarship is offered to Fire Explorers. Fire Services Exploring is a worksite-based program for young men and women ages 14 (and have completed the eighth grade) to 20 years of age. The scholarships assist those pursuing a career in the fire sciences or any related academic program. You may go to <https://www.iafc.org>, to register.