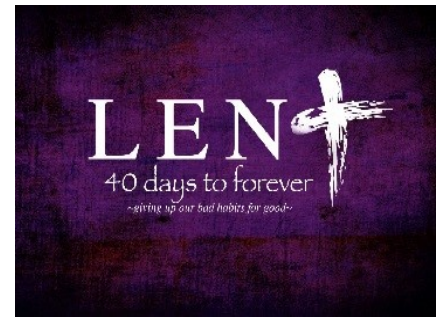


ST. LUKE

CATHOLIC CHURCH
4925 EAST CAPITOL STREET, SE
WASHINGTON, DC 20019



Staffed by The Josephite Fathers and Brother
Serving Washington DC (Far S.E.), N.E. and Prince Georges County Since 1957

First Sunday of Lent

Sunday, March 10, 2019

PASTORAL STAFF

PASTOR: Rev. Cornelius K. Ejiogu, SSJ (202) 584-8322 Ext. 101 **IN RESIDENCE:** Rev. Denis Mandamuna (202) 584-8322
DEACON: Richard Walker (202) 584-8322 Ext. 104 **SISTER:** Anne Marie Schreiner, DC (205) 919-0010

ADMINISTRATIVE STAFF

SECRETARY: Ms. Michele Peters (202) 584-8322 Ext. 102 **DIRECTOR OF CENTER:** Mrs. Hope Brown (202) 584-1400
Director of Religious Education: Mrs. Shirley Williams **MAINTENANCE VOLUNTEER** Mr. Lensor Jones (202) 789-9251

PARISH OFFICE HOURS

MONDAY-THURSDAY: 9:00 a.m. - 4:00 p.m. **FRIDAY & WEEKENDS:** By Appointment
Fax: (202) 584-3421 **Email :** stluke.dc@adwparish.org **Website:** www.stlukechurchssj.org

Welcome



ST. Luke is a warm and embracing parish family. We gladly extend our love and warmth to all those who desire to worship and follow our Lord, Jesus Christ. Come join us to celebrate the Holy Eucharist which is the source and summit of our Christian life. Our theme for 2019 is "Teach us to number our days, that we may gain a heart of wisdom." [Psalm 90:12] Together we will praise God, love one another and serve each other.

Parish Devotions

- | | |
|-----------------------------|--------------------------------------|
| 2nd Sunday- 1:15 p.m | Igbo Mass |
| 3rd Sunday - 1:1:5 p.m. | Cameroon Community Mass & Fellowship |
| 3rd Saturday- 3:00pm | Prayer Meeting |
| Monday - ---10:30 a.m. | Miraculous Medal Novena |
| Wednesday - 8:00 a.m. | Seniors Bible Study Group |
| Wednesday - 6:00 p.m. | Novena to St. Joseph |
| Friday - ----8:00 a.m. | Bible Study |
| 1st Friday - --6:00 p.m. | Prayer for Vocations |
| Fridays---6:00pm | Holy Hour |
| Saturday --- 3:30 pm | Stations of the Cross |
| 1st & 3rd Sunday 11am/12:30 | Rosary |
| | O/L of Guadalupe CWA |



Mass Schedule

Saturday Vigil Mass: 4:00 p.m.
Sunday Masses 8:30 a.m. & 11:00 a.m.

Weekday Masses

In the Martin De Pores Chapel
Monday:10:00 a.m. **Tuesday:**8:00 a.m.
Wednesday: 8:00 a.m. **Thursday:** 10:00 a.m.
Friday 8:00 a.m.

Stations of the Cross

Every Friday of Lent 6:00 p.m.. ~ 7:00 p.m.
The Light is n-Confession & Adoration: Wednesdays 5pm-6pm

Sacrament of Reconciliation

Saturday: 3:00-3:45pm **Sunday:** 7:30am-8:15am
Sunday: 10:00am- 10:45am Or by appointment

Sacrament of Baptism

Baptismal registration takes place at the Parish Office prior to baptism preparation class. Parents and God-parents preparation is held on the First Sunday of each month after the 11:00 a.m. Mass. Baptisms will take place on the Third Sunday of each month. Please call parish office for more information.

Weekday	Time	Feast of the Day	Mass Intention For the Week	Requested By
Saturday 9th	4:00pm	First Sunday of Lent (V)	Eternal repose of the soul of Raymond R. Fitch+++	Hilda McDougald
Sunday 10th	8:30am 11:00am	First Sunday of Lent First Sunday of Lent	For God's Peace and Strength on all Christians suffering persecution in the Middle East and all over the world	Parish Family Parish Family
Monday 11th	10:00am	Lenten Weekday	Eternal repose of the soul of Clara R. Farmer+++	Elsie Young
Tuesday 12th	8:00am	Lenten Weekday	Eternal repose of the soul of Andre M Millings+++	Parish Family
Wednesday 13th	8:00am	Lenten Weekday	Eternal repose of the soul of Evelyn Ernestine Dougherty+++	Parish Family
Thursday 14th	10:00am	Lenten Weekday	God's Protection and Birthday Blessings for Rose Marie Jones	Lensor Jones
Friday 15th	8:00am	Friday After Ash Wednesday	God's protection and blessings for Karis Felton	Family

REFLECTION FOR THE FIRST SUNDAY OF LENT

As we enter into this Lenten season of penance and self-denial, we're reminded that the God we follow is no stranger to these things. In this Sunday's Gospel, we see the temptations of Jesus which have parallels throughout Scripture and in our own lives. The apostle John warns against temptations to sensual lust, enticement of the eyes, and a pretentious life (cf. 1 John 2:16). Before Eve plucks the fruit from the tree, she hears it is good for food, pleasing to the eyes, and desirable for gaining wisdom (cf. Genesis 3:6). The temptations of Jesus are our own.

"Turn these stones to bread." Here is the lure of bodily comfort, like good food or sensual lust. It's the simplest of temptations because it's instinctual. We want good for our bodies! But there may be times these bodily goods don't serve the higher good for our souls. The leap "from the temple parapet" would entice the eye of the person watching.

A feat like this would prove Jesus' Messianic ability. His popularity could be a shortcut to the cross. We might not be daredevils, but we want people to like us and be impressed by us. Do we sacrifice our values along the way? To "bow and worship" the devil - and so claim power and a pretentious life - seems like a dramatic temptation.

Not everyone may feel enticed by power in the professional sense, but all of us want control. A volunteer team can feel just as intense as the boardroom! How often do we prefer to be in control of our lives (and perhaps even the lives of others), rather than allow God to be God?

When we consider areas of temptation and sin, it's not to feel ashamed. The temptation in the desert reminds us that we are not alone and that the strength of Jesus can be our strength, too.

2015 Liturgical Publications Inc. Resource Center

PASTOR'S CORNER

WHAT'S THE POINT OF FASTING, ANYWAY?

God commanded it, Jesus practiced it, Church Fathers have preached the importance of it - fasting is a powerful and fundamental part of the Christian life. But for many Catholics today, it's more of an afterthought: something we grudgingly do on Good Friday, perhaps on Ash Wednesday if we remember it. Would we fast more, especially during Lent, if we understood how helpful it is for our lives? The answer to this, say both saints of the past and experts today, is a resounding "yes."

"Let us take for our standard and for our example those that have run the race, and have won," said Deacon Sabatino Carnazzo, founding executive director of the Institute of Catholic Culture and a deacon at Holy Transfiguration Melkite Greek Catholic Church in Mclean, Va., of the saints. "And...those that have run the race and won have been men and women of prayer and fasting."

So what, in essence, is fasting? It's "the deprivation of the good, in order to make a decision for a greater good," explained Deacon Carnazzo. It is most commonly associated with abstention from food, although it can also take the form of giving up other goods like comforts and entertainment. The current fasting obligation for Latin Catholics in the United States is this: all over the age of 14 must abstain from meat on Ash Wednesday, Good Friday, and all Fridays in Lent. On Ash Wednesday and Good Friday, adults age 18 to 59 must fast - eating no more than one full meal and two smaller meals that together do not add up in quantity to the full meal.

Catholics, "if possible," can continue the Good Friday fast through Holy Saturday until the Easter Vigil, the U.S. Catholic Bishops Conference adds. Other Fridays throughout the year (aside from Friday within the Octave of Easter) "are penitential days and times throughout the entire Church," according to Canon Law 1250. Catholics once abstained from meat on all Fridays, but the U.S. bishops received permission from the Holy See for Catholics to substitute another sacrifice or perform an act of charity instead.

<https://www.catholicnewsagency.com/news/whats-the-point-of-fasting-anyway-29180>

First Sunday of Lent

March 10, 2019

Pray for the Sick & Shut-In of Our Parish



Barbara Barnes
Blanche Bourm
Barbara Batts
Tanisha Bennett
Tammy Berry
Ruth Bundy
Valene Chemoo
Beatrice Carroll
Edna Coates
Melinda Conrad Brown
Edith Cornish
Aniceto Charles
Joyce Cristwell
Alvera Dance
Joyce Diggs

Marita C. Edelin
Irena Fields
Florence M. Fields
Tina Garvin
Elizabeth Gillem
Florence Hall
Steve Halle
Michael Harkins
Chris Harkins
Charlene Haywood
Brenda Henson
Norma Henson
James Holley
Rudolph Holley
James Hughes

Melvin Jamison
Mary Ann Johnson
David & Keisha Jones
Dawn Lattimer
Lawrence Lee
Fred Lewis
Maria A. Logan
Bernadette Mahoney
Doreene Mahoney
Barbara Mallory
Doris McCannon
Alice L. Montague
Veronica Murray
David Neal
Florence Patterson

Marlene Patterson
Silvia Perry
Lillian Pharms
Alfred Price
James Ratiff
Joyce Ratiff
Doreene Redd
Xavier Roots
Leroy Sandifer
Betty Smith
Kayla Tatum
Rolland Taylor
Gloria Thompson
James F. Thompson, Jr.
Matthew Thompson

Barbara B. Tyler
Wayne A. Wallace
Shiela Washington
Cecelia Williams
Wellington Waters
Dolores Woodard, Jr.
Harold Woodard, Sr.
St Luke military families.
All the Homeless men and women in our community.

Readings for the Week of March 10, 2019

Sunday: Deuteronomy 26:4-10/Psalms 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/Romans 10:8-13/ Luke 4:1-13
Monday: Leviticus 19:1-2, 11-18/Psalms 19:8, 9, 10, 15 [Jn 6:63b]/ Matthew 25:31-46
Tuesday: Isaiah 55:10-11/Psalms 34:4-5, 6-7, 16-17, 18-19 [18b]/Matthew 6:7-15
Wednesday: Jonah 3:1-10/Psalms 51:3-4, 12-13, 18-19 [19b]/Luke 11:29-32
Thursday: Ecclesiastes C:12, 14-16, 23-25/Psalms 138:1-2ab, 2cde-3, 7c-8 [3a]/Matthew 7:7-12
Friday: Ezra 18:21-28/Psalms 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Matthew 5:20-26
Saturday: Deuteronomy 26:16-19/Psalms 119:1-2, 4-5, 7-8 [1b]/Matthew 5:43-48
Next Sunday: Genesis 15:5-12, 17-18/Psalms 27:1, 7-8, 8-9, 13-14[1a]/Phil 3:17-4:1 or 3:20-4:1/Lk 9:28b-36

HAPPY BIRTHDAY/ANNIVERSARY

We would like to wish a wonderful happy birthday to Joyce W. Diggs, Kecia Acty Proctor, Colethia Quarles. Toddlethia West and Rose Marie Jones.

May the Joy of the Lord be your strength!!!

LECTORS SCHEDULE

3/16/2019- 4:00pm Mass
P. Wines / V. Watson

3/17/2019-8:30am Mass
D. Savoy & A. Miles

3/17/2019- 11:00am Mass
S. Williams & A. Cardoso

E.M.H.C. SCHEDULE

3/16/2019- 4:00pm Mass
R. Watson & P. Hamlin

3/17/2019/2019-8:30am Mass
C. Holland & J. Schofield

3/17/2019-11:00am Mass
T.N-Hyde & B. Edmond

QUOTE OF THE DAY

“Fasting cleanses the soul, raises the mind, subjects one’s flesh to the spirit, renders the heart contrite and humble, scatters the clouds of concupiscence, quenches the fire of lust, kindles the true light of chastity.”

-St. Augustine

Church Support

Sunday Collection:

Thank you for supporting our parish.
May God reward you abundantly
\$4,270.15

ATTENDANCE:

266 —Ash Wednesday 250

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." - Lk 4:1-3



PARISH NEWS AND EVENTS

Dear Parishioners, our Tree of Life has not fully bloomed. We are continuing the sale of leaves the northwest corner of the inside of the church (East Capitol St. side) There are 38 leaves still available for memorializing deceased family members or posting your current family names or beliefs. Each leaf is \$250 and can be paid in monthly installments. All proceeds will be used for the improvement of our beautiful church. Please contact Kathy Harris Ndouga if you would like more details at (202) 575-8732.

STATIONS OF THE CROSS: will take place every Friday during the Season of Lent @ 6pm in the Church. All are invited to actively participate by walking with our Lord Jesus on his road to Calvary.

THE LIGHT IS ON: Confession and Adoration will be held every Wednesday during Lent from 5pm to 6pm.

MASS OF CHRISTIAN BURIAL for Andre M. Millings on Tuesday, March 12, 2019. Viewing at 10am and funeral at 11am.

MASS OF CHRISTIAN BURIAL for Evelyn Ernestine Dougherty on Wednesday, March 13, 2019. Viewing at 10am and funeral at 11am.

SPECIAL COLLECTION: There will be a special collection for the Church in the Developing World on March 17, 2019. Your donations are greatly appreciated.

ST. LUKE'S SECOND LENTEN FISH FRY: will be held on Friday, March 15, 2019 from 11:00am to 3:00pm. in the St. Luke Hall. This fish fry is being sponsored by The CC. There will not be a fish fry on April 19 because of Good Friday.

FEAST OF ST JOSEPH HUSBAND OF MARY: The Josephite Society would like invite you to the celebration of their patron feast day on the 19th of March 2019. venue is the Church of the incarnation 880 Eastern Avenue NE Mass will begin at 11

PICTORIAL DIRECTORY: We are on the verge of updating our pictorial directory. Now is the time to schedule your family photos. This is a way to include new parishioners, reactivate the inactive, reach our community and connect with parish members. Sign up in the back of the church, after each mass, beginning Sunday, February 10, 2019 through Sunday, March 10, 2019. *Photos will be taken and slots are available for March 14-17, 2019.*

THE ARK ENCOUNTER & CREATION MUSEUM is being presented by The Daughters of Isabella. The incredible price includes \$604 for 5 days and 4 nights, May 6-10, 2019. Includes meals and admission to three museums, your lodging, a visit to a casino and much more. For more information and reservations contact Janice Williams @ (202)263-9098 and Debbie Baker @ (202)584-1130.

ST. LUKE CATHOLIC CHURCH presents ESSENCE of the ORIENT on Sunday, April 7, 2019 at 3:00pm (Doors Open at 2:00pm. Tickets: \$10 (adults), \$5 (children, Free (three and under) 4925 East Capitol Street, S.E., Washington, DC 20019.

ARCHDIOCESEAN NEWS

THE GUADALUPE RADIO NETWORK WMET 1160 AM Cordially Invites You to *THE ANNUAL FISHERS OF MEN* DINNER. The Good, The True, and the Beautiful. Transforming the Culture Through Catholic Radio. Friday, April 26, 2019. 6:15pm VIP Reception, 7:00PM dinner & presentation, business attire. To purchase tables or tickets visit our website: GRNOnline.com. The Catholic University of America, Heritage Hall in Father O'Connell Hall 620 Michigan Avenue, NE, Washington, DC 20002.

DAY OF REFLECTION on April 6, 2019 from 8:30am—4:15pm. Optional Vigil Mass at St. Camillus at 4:30pm (ASL interpreted) For more information: specialneedsministry@adw.org (301).853.4560 // 301.200.5430 VP. \$10 per person, \$20 per couple or family and Scholarships available. Register at <https://denmdayofreflection2019.eventbrite.com>.

CONFRONTING THE RISE OF CHILD-ON-CHILD HARMFUL SEXUAL BEHAVIOR. In collaboration with National Catholic School of Social Service at The Catholic University of America and Protect Young Minds.. The symposium takes place at Catholic University, Pryzbyla Center, 3rd Floor, 620 Michigan Avenue N.E., Washington, DC 20064. Register at ENDCHILDONCHILDABUSE.COM.

LENTEN DEVOTIONS AT THE BASILICA The Basilica of the National Shrine of the Immaculate Conception invites the faithful to join in special devotions offered throughout the Lenten Season Stations of the Cross will be prayed each Saturday during Lent in the Crypt Church following the 12:00pm Mass. Lenten Vespers will be sung by the choir of the Basilica each Sunday at 4pm in the Great Upper Church. Continuous exposition of the Blessed Sacrament will be available throughout, including overnight hours. No tickets or reservations are required For more information please visit www.nationalshrine.org or call 202-526-8300.