

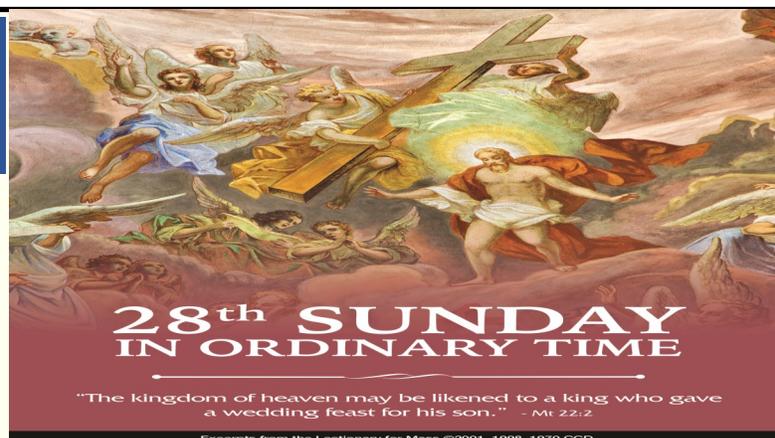
**Sunday, October 11, 2020**

28th Sunday in Ordinary Time

**PARISH OFFICE HOURS**

**Monday - Thursday: 9am - 4pm**  
**Fridays & Weekend: By Appointment**

**Email: [stluke.dc@adwparish.org](mailto:stluke.dc@adwparish.org)**  
**[www.stlukechurchssj.org](http://www.stlukechurchssj.org)**



Staffed by the Josephite Fathers and Brother

Serving Washington DC (Far S.E., N.E., and Prince Georges County since 1957)



**ST. LUKE**

**CATHOLIC CHURCH**

**4925 E. CAPITOL STREET, WASHINGTON, DC**  
**20019**



**PASTORAL STAFF**

**PASTOR**

**Rev. Cornelius K. Ejiogu, SSJ**  
**(202) 584-8322 Ext. 101**

**IN RESIDENCE:**

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**(202) 584-8322**

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**ADMINISTRATIVE STAFF**

**SECRETARY**

**Ms. Michele Peters**  
**(202) 584-8322 Ext. 102**

**DIRECTOR OF RELIGIOUS**  
**EDUCATION**

**Mrs. Shirley Williams**

**DIRECTOR OF CENTER**

**Mrs. Hope Brown**  
**(202) 584-1400**

**Welcome**

ST. Luke is a warm and embracing parish family. We gladly extend our love and warmth to all those who desire to worship and follow our Lord, Jesus Christ. Come join us to celebrate the Holy Eucharist which is the source and summit of our Christian life. Our theme for 2019 is "Teach us to number our days, that we may gain a heart of wisdom." [Psalm 90:12] Together we will praise God, love one another and serve each other.

**Mass Schedule**

**Saturday Vigil Mass: 4:00pm**

**Sunday Masses: 8:30am & 11:00am**

**2nd Sunday 1:15pm (Igbo) 3rd Sunday 1:15pm (French)**

**Weekday Masses**

**In the Martin De Pores Chapel**

**Monday: 10:00am**

**Tuesday: 8:00am**

**Wednesday: 8:00am Thursday: 10:00am Friday: 8:00 am**

**Stations of the Cross**

Every Friday 6:00pm . -7:00pm

**Sacrament of Reconciliation**

Saturday: 3:00-3:45pm Sunday: 7:30am-8:15am

Sunday: 10:00am-10:45am Or by appointment

**Sacrament of Baptism**

Infant Baptism registration takes place at the Parish Office prior to baptism preparation class which is held on the First Saturday of each month. Baptism takes place every First Sunday after the 11:00 a.m. Mass. Please call parish office for more information.

## PASTOR'S CORNER

### How to Help When Cancer Shows Up

Just found out your dear friend or family member has cancer? Don't know how to handle it? Wondering how to respond? We're here to help. It's hard to hear your doctor say the words "You have cancer." It's heart-breaking when your loved one shares their diagnosis. Once the shock wears off, the questions and fears can be overwhelming. *How should I respond? What if I say the wrong thing? What are the best ways to help? Words are failing me. I'm scared. I want to DO something.*

We've talked to experts – the cancer survivors and caregivers who serve as CHN Support Volunteers – and have five practical ways to help.

**Choose your words carefully. Or just be:** It sounds simple. But in their rush to find common ground, people say some pretty awful things. "My aunt/cousin/colleague's friend died from that!" "Did you smoke?" "Have you tried (insert alternative therapy here)?" Think first. Don't blurt out the first thing that comes to mind. There's still a chance you'll say something you wish you could take back – but it's much less likely. It's ok to talk about topics other than cancer. "You don't need to say 'I'm sure it's gonna be ok,'" suggests two-time survivor Dale. "You don't know that. Keeping the conversation as normal as possible was so meaningful." Still not sure what to say? Saying nothing is ok too. Sometimes, there aren't right words. But your presence – physically or digitally – can make all the difference.

**Don't ask, do:** Grabbing your keys (and a mask!) can help too. Survivor Ed recalls how meaningful it was to have his brother-in-law driving him to treatment. Support Volunteer Mona's friends took her dancing after her first chemo. "My friends were there to encourage me and give me strength when I was weak. I realized it's true that you never know what strangers will become your friends and family." It's hard to ask for help. Offering that help takes the weight off of our loved ones. Anything that moves beyond "let me know if you need anything" is progress. Support Volunteer Kathy remembers small, everyday gifts of time and help. "Sometimes, those ordinary moments are the best moments. The little things mean so much more than the big.

**Check in. Consistently:** Time and again, survivors remember the loneliness and isolation cancer brought. "I found out who my friends are. And who they weren't," said long-term cervical survivor Ellen. "Some people shut down and turned away. I know cancer scares a lot of people. You don't know what to say. I don't myself. But people who were just there made a huge difference. The smallest kindnesses mean something."

**Think practical. Think small:** Small portions make a big difference. Jenn recalls friends who brought a meal each week, "it was often enough that we could eat for a couple days. It wasn't too much – and it was spaced out." For caregiver Marlys, small, freezer-ready dishes made life while her husband was in hospice care more manageable. If cooking's not for you, gifts like pajamas, hats or (audio!) books are loving that's a simple click away. Cleaning services make life easier. This really is one of those times that the thought counts.

**Connect:** Help isn't just for patients. For caregivers thrust into a world of appointments and pickups and newfound duties while balancing their own responsibilities, it's easy to feel overwhelmed. It's also easy to feel guilty about being overwhelmed when you feel you "should" be focused on your friend or family member who "has it worse."

"You have to call and get help. I'd call my daughter to come stay with him for a few hours. You need to have someone you can call on so you can take breaks. I couldn't let myself get worn down – my oncologist said I had to listen to my body – no matter if it's 80 degrees out and you should be out planting flowers, if you're tired, lay down and take a nap. You can't do it by yourself. You're a person, you're a human and you cannot." ~Anne, survivor, caregiver

Excerpt from <https://www.cancerhopenetwork.org/get-support/support/fivewaystohelp>.

### REFLECTION FOR THE 28TH SUNDAY IN ORDINARY TIME

God gives us an invitation to have an abundant life. The banquet is ready, and the tables are set. Come! There is so much to attend to in the everydayness of our lives. We have plans, after all. There is never enough time and so much that needs to be done. There is work, children, and grandchildren, paying the bills, planning for retirement, figuring out the details of our next vacation, making sure we are on top of our game with work, planning social engagements, answering emails, texts, and getting our latest pictures on Facebook. There is always something. What is this about some banquet?

I need another party and commitment like a hole in the head. I can't manage what I already have, and someone is asking me to do more! Seriously? I saw the invitation; I think it came in the mail the other day. Did I leave it on the table? Oh wait, it may have gotten thrown away. I can't remember. In any case, I'm managing things pretty well on my own, I think. Thanks for thinking of me, but no thanks. My life is only as good as I make it and I have to be sure that all is in order! Oh, another invitation came today! This guy's being persistent. Now, I'm getting angry. I wish he would just leave me alone and stop with this invitation nonsense.

I woke up feeling a bit unsettled this morning. The kids have left the house, the grandchildren are busy with their lives, my retirement fund is losing ground, I'm worried about my health, folks have moved away, and I find myself alone. I am unhappy. I remember getting an invitation some time ago to a banquet promising new life and life in abundance. Did I miss something? I think I may have. I am finally discovering that life is not about me and my world. I think I've ignored the God who made me and the God who is the reason for my life, my hope, and my joy. It's always been about me. I have not really discovered Eternal Love.

Liturgical Publications 2015

HAPPY BIRTHDAY/ANNIVERSARY

We would like to wish a wonderful happy birthday to Frank E. Williams, Sr., Doris Bowser, Abu Mansaray, Jr., Portia Evans, Stephen Crawford, Chrishel Mitchell, Michael Owens, Melinda Conrad-Brown, Kim Wilson, Wilhemina Holton, Beatrice Templemon, Dwayne Edmond, Martine Sigo, Mary Yvonne Donelson.

**MAY THE JOY OF THE LORD  
BE YOUR STRENGTH!!!**

Church Support

Please consider making a donation to support our parish during this trying times. You may Drop off or mail your gifts to the parish. You may give online through our website: <http://www.stlukechurchssj.org/> And clicking on the donate button.

You may also TEXT: 202-335-3116

God bless and keep you safe.

## Readings for the week of October 11, 2020

**Sunday:** Isaiah 25:6-10a/Psalms 23:1-3a, 3b-4, 5, 6 [6cd]/Philippians 4:12-14, 19-20/Matthew 22:1-14 or 22:1-10

**Monday:** Galatians 4:22-24, 26-27, 31—5:1/Psalms 113:1b-2, 3-4, 5a and 6-7 [cf. 2]/Luke 11:29-32

**Tuesday:** Galatians 5:1-6/Psalms 119:41, 43, 44, 45, 47, 48 [41a]/Luke 11:37-41

**Wednesday:** Galatians 5:18-25/Psalms 1:1-2, 3, 4 and 6 [cf. Jn 8:12]/Luke 11:42-46

**Thursday:** Ephesians 1:1-10/Psalms 98:1, 2-3ab, 3cd-4, 5-6 [2a]/Luke 11:47-54

**Friday:** Ephesians 1:11-14/Psalms 33:1-2, 4-5, 12-13 [12]/Luke 12:1-7

**Saturday:** Ephesians 1:15-23/Psalms 8:2-3ab, 4-5, 6-7 [7]/Luke 12:8-12

**Next Sunday:** Isaiah 45:1, 4-6/Psalms 96:1, 3, 4-5, 7-8, 9-10 [7b]/1 Thessalonians 1:1-5b/Matthew 22:15-21

WEEKLY MASS

**Monday 10/12**  
Weekday

**Tuesday 10/13**  
Weekday

**Wednesday 10/14**  
St. Callistus

**Thursday 10/15**  
St. Teresa of Jesus

**Friday 10/16**  
Ss. Hedwig,  
Margaret

**Saturday 10/17**  
St. Ignatius

Pray for the Sick & Shut-In of Our Parish

Barbara Barnes  
Blanche Bourm  
Barbara Batts  
Tanisha Bennett  
Tammy Berry  
Ruth Bundy  
Beatrice Carroll  
Melinda Conrad-Brown  
Edith Cornish  
Aniceto Charles  
Patricia Chase  
Valene Chemoo  
Joyce Cristwell  
Alvera Dance  
Iyana Davage

Marita C. Edelin  
Florence M. Fields  
Tina Garvin  
Elizabeth Gillem  
Florence Hall  
Steve Halle  
Chris Hawkins  
Charlene Haywood  
Brenda Henson  
Norma Henson  
James Holley  
Rudolph Holley  
James Hughes  
Melvin Jamison  
Mary Ann Johnson  
David & Keisha Jones

Dawn Lattimer  
Lawrence Lee  
Maria A. Logan  
Bernadette Mahoney  
Doreene Mahoney  
Barbara Mallory  
Doris McCannon  
Alice L. Montague  
Veronica Murray  
David Neal  
Florence Patterson  
Marlene Patterson  
Silvia Perry  
Lillian Pharms  
Kecia Proctor  
Doreene Redd

Leroy Sandifer  
Betty Smith  
Kayla Tatum  
Rolland Taylor  
Gloria Thompson-Price  
James F. Thompson, Jr.  
Matthew Thompson  
Barbara B. Tyler  
Wayne A. Wallace  
Marquita Ward  
Shiela Washington  
Steven Washington  
Cecelia Williams  
Wellington Waters  
Dolores Woodard, Jr.

Harold Woodard, Sr.  
St Luke military families.

All the Homeless men and women in our community.

Please pray for all those who are sick but have no one to pray for them



## PARISH NEWS AND EVENTS

Dear Parishioners, our Tree of Life has not fully bloomed. We are continuing the sale of leaves the northwest corner of the inside of the church (East Capitol St. side) There are 21 leaves still available for memorializing deceased family members or posting your current family names or beliefs. Each leaf is \$250 and can be paid in monthly installments. All proceeds will be used for the improvement of our beautiful church. Please contact Kathy Harris Ndouga if you would like more details at (202) 575-8732.

### St. Luke Parish Weekly Schedule

Mondays Morning Mass @ 10:00am (will also be livestreamed)  
Wednesday Bible Study Live Stream & Voice @ 6:00pm  
Thursdays Morning Mass @ 10:00am (will also be livestreamed)  
Friday Holy Hour/Adoration Live Stream & Voice @ 7:00pm  
Saturday Holy Rosary (Voice call only) @ 6:00pm  
Sunday Mass 8:30 am & 11:00am (11am mass will also be livestreamed)

To join our Live Stream, please go to  
Facebook: <https://www.facebook.com/stluke.stlukesedc/>  
Or Dial: 425-436-6339.  
Access code: 269615

You can watch our videos on YouTube @ [https://www.youtube.com/channel/UCxLUpGPb4HGGIYm9NWkBN7g/videos?view\\_as=subscriber](https://www.youtube.com/channel/UCxLUpGPb4HGGIYm9NWkBN7g/videos?view_as=subscriber)

To continue assisting St. Luke: You may **DROP OFF** your donation or **MAIL** your check or visit our **WEBSITE** <http://www.stlukechurchsj.org/Donate> OR **TEXT**: 202-335-3116.

Offertory Contributions for 10/11/20: \$864

May God reward you abundantly for your generosity.

### Bible quote:

"Behold our God, to whom we looked to save us! ~~This is the LORD~~ This is the LORD for whom we looked; let us rejoice and be glad that he has saved us!" For the hand of the LORD will rest on this mountain. (Isaiah 25:9-10a)

## PASTORAL VISIT TO ST. LUKE

Dear parishioners, it is with great joy that I inform you of a scheduled pastoral visit of Archbishop Wilton Gregory to our parish. Date for his visit will be Saturday October 24 at 4:00pm. We will livestream the Mass for those who are unable to attend.

## ARCHDIOCESAN NEWS

**CENSUS 2020: 10 QUESTIONS, 10 MINUTES, 10 YEARS OF IMPACT FOR OUR COMMUNITIES:** Census data is used to allocate funding for roads, health care, child care, housing, schools. Make a difference today! Take this time to complete your Census 2020 questionnaire. You can choose any one of the three following ways to respond:

1. **Online:** 2020census.gov 2. **By phone:** Call 844-330-2020 for English. You can complete the census by phone in 13 other languages or TDD: 2020census.gov/en/ways-to-respond/responding-by-phone.html 3. **By mail:** Some people will get a census form in the mail to complete by hand. Later, if you haven't responded online or by phone, you will also receive a form in the mail.

**ON-LINE WORKSHOP FOR PARENTS: BUILDING YOUR FAMILY:** Office for Family Life along with the Christian Family Movement will offer virtual workshops for parents on four consecutive Wednesdays from October 7 to October 28 from 7:00pm to 8:00pm. Topics include recognizing God in our families, using our time faithfully, caring for our relationships, faith building customs and activities, and guiding our children to live for Christ. For more information contact the Office for Family Life at 301-853-4546 or visible sign at adw.org.